

## Talking is the first step to preventing suicide.



Talk Away the Dark TV PUBLIC SERVICE CAMPAIGN

### About the American Foundation for Suicide Prevention

Established in 1987, the American Foundation for Suicide Prevention (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death.

This year, the AFSP has launched a campaign called "Talk Away the Dark" to help save lives through brave conversations about suicide. The campaign shows the impact of simple, direct dialogue about suicide and how to initiate those conversations when they are more important than ever.

To learn more, please visit: talkawaythedark.afsp.org.



### Learn more about the American Foundation for Suicide Prevention



Dear Public Service Director,

Suicide affects so many of us. In the U.S. it's the 11th leading cause of death. And, in 2021 the number who died increased 4.79% with 48,183 dying by suicide and 1.7 people attempted suicide, according to recent CDC reports.

That's why the American Foundation for Suicide Prevention (AFSP) has launched a powerful new campaign called "Talk Away the Dark" to prompt direct conversations about mental health and suicide to help save lives. Research shows that suicide is preventable and the more we openly, honestly, and directly talk about suicide, the more we can help to prevent it. When we can recognize the warning signs of someone struggling, know the risk factors for suicide, and bravely start an open and honest conversation with someone we care about, we can take the first steps to preventing suicide.

We hope your station can join us in helping to shift the cultural narrative around mental health and suicide prevention by airing the new PSA campaign titled "Talk Away the Dark" (:60. :30). The PSA depicts a daughter having brave conversations with her father as she recognizes in him common warning signs of mental health struggles. The PSA ends with the daughter asking her father directly about suicide, bringing him back from the shadows and into the light. While very timely for use during National Suicide Prevention Month in September, this PSA has no end date for use. We hope you can share this important message with your viewers by airing this PSA as soon and as often as possible.

The American Foundation for Suicide Prevention is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health through public education and community programs, develops suicide prevention through research and advocacy, and provides support for those affected by suicide. To learn more, please visit <a href="https://www.afsp.org">www.afsp.org</a>.

Thank you in advance for your support of this public service message.

Sincerely,

Robert Gebbia,

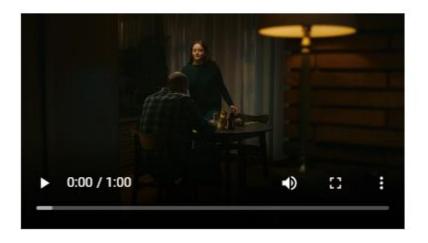
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**AFSP CEO** 

### **Talk Away the Dark**

While we have made great strides as a society in talking about mental health, people are often still hesitant to talk directly about suicide. All too often it goes unaddressed, even when we may sense someone is struggling. The "Talk Away the Dark" campaign shows the impact of simple, direct dialogue about suicide and how to initiate those conversations when they are more important than ever.

To learn more, please watch our new PSA below titled "Talk Away the Dark" (:60) which is also available in a :30 length. We ask that you please air this PSA, which has no end date for use as soon and as often as possible.



### TV PSA SCRIPTS

### "Talk Away the Dark" (:60)

**DAUGHTER O/C**: Pass the ketchup.

**DAUGHTER O/C**: Dad? Are you ok?

DAD O/C: Yeah. Just stressed out.

### **MUSIC UP AND UNDER**

**DAUGHTER O/C**: Oh and the melody is sounding so much better. I can play it for

you. Wait, where's your guitar?

**DAD O/C**: I gave it to your cousin.

**DAUGHTER O/C**: What? That guitar's like your favorite thing.

**DAD O/C**: I don't need it anymore.

**DAD O/C**: Some days are just better than others.

**DAUGHTER O/C:** I think you should go talk to someone.

**DAD O/C**: It's not that easy.

**DAUGHTER O/C:** Have you been thinking about suicide? You can talk to me dad.

### **GRAPHICS:**

Talking is the first step to preventing suicide.

Talk away the dark.

AFSP logo

Afsp.org

### **FADE SOUND AND PICTURE OUT**

### TV PSA SCRIPTS

### "Talk Away the Dark" (:30)

### MUSIC UP AND UNDER

**DAD O/C**: Some days are just better than others.

**DAUGHTER O/C:** I think you should go talk to someone.

**DAD O/C**: It's not that easy.

**DAUGHTER O/C**: Have you been thinking about suicide? You can talk to me dad.

**DAD O/C**: It's been a tough couple months.

### **GRAPHICS:**

Talking is the first step to preventing suicide.

Talk away the dark.

AFSP logo Afsp.org

### **FADE SOUND AND PICTURE OUT**

### AVAILABLE FOR DIGITAL DOWNLOAD

This PSA is available for digital download below:

http://psaconnect.c360m.com/afsp/

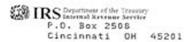
No end date for use.

Talk Away the Dark (:60) (:30)

Please let us know your preferences on receiving PSAs by contacting:

Holly Mulé via email at <a href="mailto:hmule@c360m.com">hmule@c360m.com</a> or by phone at (212) 624-9196.

### 501 (c)(3) certificate



In reply refer to: 0248667147 Feb. 07, 2012 LTR 4168C E0 13-3393329 000000 00

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AMERICAN FOUNDATION FOR SUICIDE PREVENTION 120 WALL ST FL 29 NEW YORK NY 10005-4009



003933

Employer Identification Number: 13-3393329
Person to Contact: Ms. Wittwer
Toll Free Telephone Number: 1-877-829-5500

Dear Taxpayer:

This is in response to your Jan. 27, 2012, request for information regarding your tax-exempt status.

Our records indicate that you were recognized as exempt under section 501(c)(3) of the Internal Revenue Code in a determination letter issued in November 1991.

Our records also indicate that you are not a private foundation within the meaning of section 509(a) of the Code because you are described in section(s) 509(a)(1) and 170(b)(1)(A)(vi).

Donors may deduct contributions to you as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to you or for your use are deductible for Federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

Please refer to our website www.irs.gov/eo for information regarding filing requirements. Specifically, section 6033(j) of the Code provides that failure to file an annual information return for three consecutive years results in revocation of tax-exempt status as of the filing due date of the third return for organizations required to file. We will publish a list of organizations whose tax-exempt status was revoked under section 6033(j) of the Code on our website beginning in early 2011.



# American Foundation for Suicide Prevention